ALLERGIES (Atopic Dermatitis)

SAFE

- Bathing Twice a week or as often as needed. Use a bath oil after every 1) bath.
- Wipe paws with water or damp cloth every time he/she comes in from 2) outside.
- Clothing, socks, booties Blocks allergens from getting on the skin. 3)
- 4) Avoidance - Very difficult.
- Shave dog allows for easier and more effective skin care 5)
- Skin barriers Essential 6 or allerderm 6)
- Fatty acids Supplements or foods supplemented with it. 7)
- Flush eyes if eyes are itchy. 8)



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Must control secondary infections. Tests to diagnose these are:

- Bacteria/Yeast cytology (slides under microscope)
- Parasitic Skin scrapes or Revolution
- Fungal Culture
- 4) Flea control year round.

TREATMENTS

- 1) **Antihistamines**
- Cortisone Good short term, can have side effects. 2)
- Atopica Good long term, can have side effects. 3)
- Topical cortisone spray Can have side effects. 4)
- Topical bacterial spray 5)
- If year round allergies must do food trial to rule out food allergies. 6)
- Blood test and shots less expensive but can miss some allergies. 7)
- Skin testing and shots Gold standard, effective about 70% of the time. 8)

Technical Reference Chart

Topical and Nutritional Therapies for Common Skin/Otic Conditions

